AARDVARK INSIGHT

Atlanta Adventist Academy Newspaper



MAKING 2021 THE BEST YEAR YET.

----- MAN KIM

Happy New Year Everyone. As we have entered into 2021, each of us has probably created new year resolutions we want to accomplish this year. Resolutions can make a difference in everyone's life. They can help us accomplish long term goals and improve mental health. Having plans for the new year can be beneficial for everyone, especially those who like to take on challenges.

Jenny Lun, a junior, would like to graduate next year, do better academically, and have more leadership roles. Sue San Kwon, a senior, would like to do well on the ACT, be prepared for her science courses for college, etc.

Our decisions can be a good practice of terminating bad habits. Freshman Stephron Allyson would like to develop a stress-free lifestyle, learn to better control his mood, and

remember that his life is in God's hands. The process of making goals in different areas of life help to create guidelines for your future. They can also be enjoyable and give a sense of accomplishment when the goals are reached.

"For I know the plans I have for you declares the Lord, 'Plans to prosper you and not to harm you, plans to give you hope and a future" (Jeremiah 29:11).

God has a plan for everyone and is helping us bear. Although 2020 was a difficult year, God protected each one of us from the disasters. 2021 can be better if we trust in Him.

Having more faith in God is a healthy goal since the world is full of negativity. With everything that's been going on, He has blessed many with protection and assurance through these hard times.

BREAKING NEWS

The Student Association is excited to present to you our new AAA school mask!
The mask is free to all students and their families.
Be sure to check your mailbox for your school mask. Let's show AAA spirit!



Wearing a mask shows...









Kindness





Spiritual Encouragement

- JARED LEWIS

A guide for getting passionate about studying the Bible (the DASH guide).

It can be hard to maintain a spiritual connection with God. The enemy throws many obstacles in our path, so we lose focus on God. We have so many distractions and goals in our life today, we often feel as if we're too busy for Him. However, there is hope. There are 4 ways to start a relationship with God summarized by the acronym DASH.

D--Discipline yourself: It's okay if reading and studying the Bible every day seems overwhelming. The important thing is that you begin. As long as you start, and take it one day at a time, you'll develop a taste for reading and studying the Bible.

A--Ask questions: Know that the point of asking questions is to better experience and understand what you read. The more you ask, the better you'll understand. S--Spend time with God: If you're not enjoying it, tell Him. Pray honestly, from the bottom of your heart. A promise in the Bible in Jeremiah 29:12-13 says, "When you seek Him, you'll find Him. When you search for Him with your heart." And James 4:8 says, "Draw near to God and He will draw near to you."

H--Have patience: People want to see immediate results for their efforts. Spiritual growth is not an event, it's a process. When you start praying and studying the Bible, God starts working.

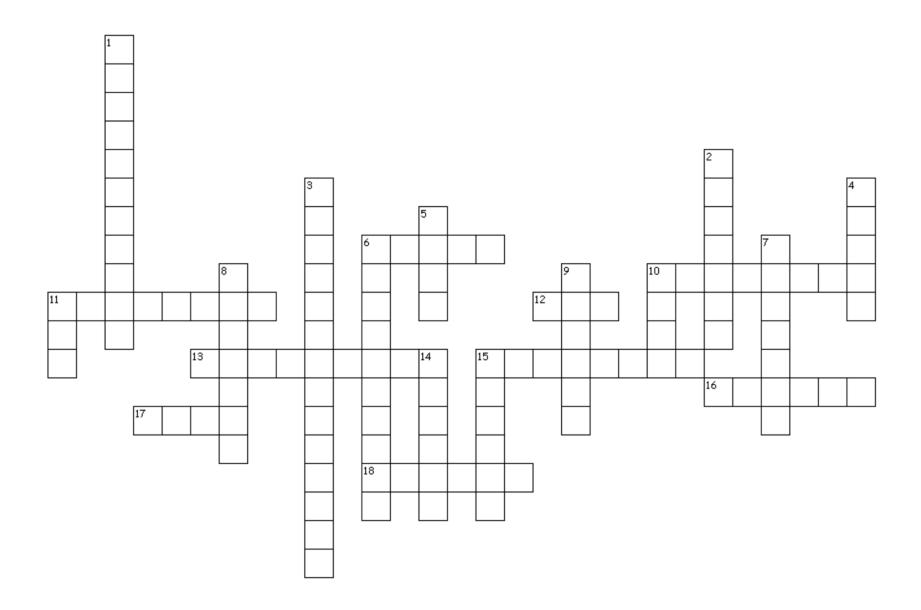
We encourage you to make a commitment to try even if you don't feel like it, or don't want to. You may not see immediate benefits from doing this, but eventually you will. You'll start feeling joyful while spending time with God, understanding what used to be mysterious, and developing a passion for daily studies.

Upcoming Events

February 2 nd	Track and Field Practice Begins
February 4 th	Picture Day
February 5 th	AAA Spirit Day
February 7 th	ACT Duluth 8:00 am
February 12 th	AAA Spirit Day
February 13 th	AAA Sabbath
February 15 th	President Day (No School)
February 19 th	AAA Spirit Day
February 26 th	AAA Spirit Day
February 27 th	AAA Sabbath
March 1 st -5 th	Spirit Week



Any student that fully solves this puzzle will receive a prize. Speak to Mr. Hamer to claim your prize. Good Luck! rhamer@aaa.edu



Across

- 6. Sciences, with art
- 10. Technically amazing,
- 11. Holding keratin strands to the posterior
- 12. Multiplayer Online Game massive
- 13. Sugihara, Williams, Sinclair, Jones
- 15. Double damage also thinking
- 16. Slang not properly working
- 17. A moment
- 18. Ultimate snack, with ground legume paste Down
- 1. One word all occasions from Rory
- 2. Bar form, oft thrown in 215, sometimes 214
- 3. Out of the window
- 4. Waves on an ocean of SiO2
- 5. "Well Played" Dutch Portmanteau
- 6. Issues: Amazing, Spectacular, Superior
- 7. Two wings
- 8. Electric Rodent
- 9. Strange facial hair a man like Tony or Steven would have
- 10. Tea turned bounty hunter
- 11. Always 1 in 10 did :)
- 14. paid, affixed then canceled with ink
- 15. Hot bean juice

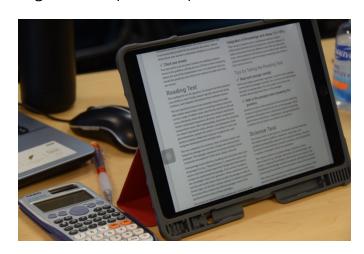
ACT PREP

----- JOSEPH SCHMITT

ACT prep is a very important class to take, especially if you want to get into college. It prepares you for the math, science, English, and reading concepts on the ACT. Lectures are enjoyable thanks to interactive quizzes and worksheets that help in preparation for the ACT test. For the final, students are tested in all four areas. This course would be highly recommended to all who would like scholarships of college, and more job opportunities in the future.

ACT prep will not only help you in the long run but will help you in other studies. Mr. Hamer always makes sure students do their best in their work, so that they can all do well in future tests. Joseph Schmitt, a junior, took this class in the first semester of his sophomore year. He stated that "It improved my reading skills, critical thinking skills, and analytical skills. Although some subjects may be challenging, Mr. Hamer will always try his best to make your weakest subject fun." Overall, you must focus, so you can receive the best outcome.

The course's goal is to mentally prepare you for the real world. After the curriculum is completed, it would be recommended that students take tutoring sessions with other professors to improve their scores. Some tips for ACT prep are the following: always do your best in whatever you do, make sure you pay attention to the teacher, bring a positive attitude, and make sure you retain the information learned instead of casting it aside. Some of the skills learned may be used for other trades or expertise that might be beneficial for the student in the future. The best tips are to study hard, review your notes, and go to bed early. You will be prepared by following these important tips.





Alumni- WHERE ARE THEY NOW?

----- ABIEL IRVING

Qristara Bailey was born in Oakland, California on March 7th, 2002. Her hobbies include painting, hair styling, cosmetology, and bothering people.

AAA was where she studied her senior year, recently graduating with the class of 2020. After graduation, Bailey finished applications for community college.
Currently, Bailey is a freshman at Butler Community College in El Dorado, Kansas; the state where she now resides.

She would like to become an entrepreneur, and is majoring in art. She hopes to one day own her own art studio. Depending on how she feels, where opportunities lead, or where the money lies will affect whether, or not these dreams will come to be. Bailey will finish college in two years if she continues to pursue art and doesn't transfer; or change her major.

Looking back on high school, her experience at AAA was an educational one. It was similar to public school, but still had strong biblical beliefs. "You were considered an individual. You weren't lost, and if you had questions, they were heard, and answered.

Thanks to attending AAA, Bailey was able to write on a college level and understand college methods used to teach math and English. She recommends AAA since it's a Christian alternative for high schools.

Her two favorite memories were spiritual retreat, where she was able to make connections, and government class, where students were able to debate, voice their opinions and learn about the government.

For all students at AAA, a piece of advice from Bailey: "Learn independence, and self-discipline like turning in assignments on time and studying well. Also, be open to try new things. College is full of new opportunities that require an open mind, and a curious spirit. When you have those, the possibilities are endless."

POSITIVITY

STEPHRON ALLYSON

Going into 2021, some people may have lowered their expectations, due to the chain of events that has taken place in 2020. With numerous deaths, political uproar, widespread disease, and more, remaining positive could be difficult. Everyone was impacted last year, whether good, or bad. Ever since April, students were subject to what is called, "online school." This way of learning has been familiar mainly to online college scholars. Now, students of all grades have to take part in online education as well. Some actually enjoy it, but most don't, which has prompted negativity within. The question is, how do you keep a positive mentality going forward into the new year? Here are some tips to help you stay confident as you progress.

Surround yourself with optimistic influences! A study conducted by Dr. Nicholas Christakis and Dr. James Fowler, found that people who associate themselves with cheerful individuals have a happier demeanor, and a better sense of well-being (University of New Hampshire).



Write down positive thoughts! It could be beneficial to write down what you are grateful for. As you write, your brain will get used to focusing on the good things. It will become a habit that can help you deal with the difficult aspects of life.

Trust in God! In the Bible, Jeremiah 17:7 says, "But blessed is the one who trusts in the Lord, whose confidence is in Him." That means, no matter what's happening on the outside, it's within us that decides our future. If God is inside you, there is no need to worry. Although what's taking place in our world today affect humanity greatly, God is in control. Through these difficulties, we have the opportunity to build our spiritual muscles. As society continues to vastly change, we should continue to keep a hopeful mind for the New Year.

Dr. Martin Luther King Jr.

-- ASHAUNA SIMMS

Michael King Jr. was born on January 15, 1929. He later changed his name to Martin, after the Protestant leader Martin Luther (Martin Luther King Jr. Biography). He was a social activist, a Baptist minister with an imperative part in the Civil Rights Movement and earned a doctorate in systematic theology at Boston University (A&E Television Networks).

While attending, King met Coretta Scott, a young singer from Alabama. They later got married and had four children. Martin helped coordinate the Montgomery Bus Boycott that lasted almost 400 days. It greatly affected the bus transit system, and disassembled segregation rules.

During the march on Washington, in 1963, King gave one of his most popular speeches known as: I Have a Dream. History.com states, "...He shared his vision of a future in which 'this nation will rise up and live out the true meaning of its creed: 'We hold these truths to be self-evident, that all men are created equal".

Martin Luther King Jr. was awarded the Nobel Peace prize in 1964 and was the youngest person to receive it at that time. Unfortunately, he was assassinated in his home by a white supremacist in April 1968.

In dedication to him, the third Monday of January is a day of remembrance for the work he did to ensure black people would have as much equal rights as everyone else in America. Said best by Martin Luther King himself, "Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that."



MEET OUR NEWSPAPER WRITIERS

Thank you to everyone who took their time to write these amazing articles. Each month, the newspaper will showcase different writers sharing their insights for AAA. If you are interested in writing an article, or sharing a story, comic or artwork, speak with our Newspaper editor Abiel Ivring. Happy Reading!



Abiel Irving Chief Editor- 11th grade



Ashauna Simms Writer – 10th grade



Stephron Allyson Writer – 9th grade



Man Kim Writer- 9th grade



Joseph Schmitt Writer- 11th grade



Jared Lewis
Writer – 12th grade



Annette Vazquez Advisor



Check out our Instagram page for more inside insight about AAA @aardvark_insight

Thanks for reading!